

**We're here to serve
you and your family
delicious breakfast and
lunch all summer long!
Convenient, healthy,
FREE meals every
summer weekday!**

**FOR BREAKFAST,
CHOOSE AT LEAST
3 ITEMS
TOTAL
FOR LUNCH,
CHOOSE AT LEAST
3 ITEMS
TOTAL
FROM AT LEAST 3
DIFFERENT GROUPS**

**PLEASE ASK IF YOU'RE NOT SURE,
AND PLEASE ENJOY YOUR MEAL!**

Monday, July 8

Breakfast

Muffin or Cereal
Juice - Milk

Lunch

Hot Dogs/ w Chili & Cheese
Carrots
Baked Beans
Assorted Fruit & Milk
Chips
Pizza

Tuesday, July 9

Breakfast

Pancakes or Cereal
Juice - Milk

Lunch

Chicken & Rice
Green Beans
Garden Salad
Garlic Bread Stick
Assorted Fruit & Milk
Cheeseburger

Wednesday, July 10

Breakfast

Cinnamon Roll or
Cereal, Toast - Juice - Milk

Lunch

Cheeseburger
Tater Tots
Burger Salad
Assorted Fruit & Milk
Deli Meal
Field Trip

Thursday, July 11

Breakfast

Breakfast Pizza or Cereal
Juice - Milk

Lunch

Burritos w/Chili & Cheese
Lettuce & Tomatoes
Pinto Beans
Assorted Fruit & Milk
Peanut Butter
Sandwich
Field Trip

Monday, July 15

Breakfast

French Toast Sticks or
Cereal, Toast - Juice -
Milk

Lunch

Chicken Nuggets
Mashed Potatoes & Gravy
Green Beans
Whole Wheat Roll
Assorted Fruit & Milk
Pizza

Tuesday, July 16

Breakfast

Donut Holes or Cereal
Juice - Milk

Lunch

Spaghetti
Garden Salad
Mixed Vegetables
Bread Stick
Assorted Fruit & Milk
Cheeseburger

Wednesday, July 17

Breakfast

Cinnamon Roll or
Cereal, Toast - Juice - Milk

Lunch

Spicy or Regular
Chicken Sandwich
Tater Tots
Burger Salad
Assorted Fruit & Milk
Deli Meal
Field Trip

Thursday, July 18

Breakfast

Breakfast Pizza or Cereal
Juice - Milk

Lunch

Nachos Supreme
Spanish Rice
Pinto Beans
Lettuce & Tomatoes
Assorted Fruit & Milk
Peanut Butter Sandwich
Field Trip

Monday, July 22

Breakfast

Muffin or Cereal
Juice - Milk

Lunch

Steak Fingers
Mashed Potatoes & Gravy
Green Beans
Whole Wheat Roll
Assorted Fruit & Milk
Pizza

Tuesday, July 23

Breakfast

Donut Holes or Cereal
Juice - Milk

Lunch

Burritos w/Chili & Cheese
Lettuce & Tomatoes
Pinto Beans
Assorted Fruit & Milk
Cheeseburger

Wednesday, July 24

Breakfast

Pig 'n a Blanket or
Cereal
Toast - Juice - Milk

Lunch

Cheeseburger
Tater Tots
Burger Salad
Assorted Fruit & Milk
Deli Meal
Field Trip

Thursday, July 25

Breakfast

Sausage-Biscuits-Gravy
or
Cereal Toast - Juice -
Milk

Lunch

Pizza
Corn
Garden Salad
Assorted Fruit & Milk
Cheeseburger