

**BACK TO SCHOOL**

Menus for August & September 2019

*F=ma*

*S=πR<sup>2</sup>*

*E=mc<sup>2</sup>*

Aransas Pass ISD Secondary Menus

This institution is an equal opportunity provider. Menus are subject to change.

## Available Daily

**Breakfast:** Cereal, Toast  
Orange Juice & Milk

**Lunch:** Pizza,  
Variety of Fruits  
Variety of Milk  
Menu subject to change

**DON'T 4 GET!**

To make a lunch, choose at least one

**Fruit/Juice** or **Veggie**

**Grains** **Milk** **Protein**

**Fruit/Juice** **and 3-5 items total** **Vegetables**

ARANSAS PASS ISD FOOD SERVICES

**Join us daily for the original value meal!**

All of our complete meals are always

**NO CHARGE for all students**

with no need to submit an application, thanks to the Community Eligibility Program!

## Featured Specials of the Day

### Monday, August 26

**Breakfast:** French Toast Sticks

**Lunch:** Corn Dog, Cheeseburger, Chicken Strips, Deli Sandwich, Mac & Cheese, Baked Beans, Baby Carrots w/Ranch

### Tuesday, August 27

**Breakfast:** Pancake Wrap

**Lunch:** Beef Burrito, Chicken Sandwich, Chef Salad, Cheese Bites, Spanish Rice, Pinto Beans, Lettuce & Tomatoes

### Wednesday, August 28

**Breakfast:** Oatmeal w/Sides or Yogurt Parfait

**Lunch:** Lasagna, Cheeseburger, BBQ Rib Sandwich, Panther Wrap, Steamed Broccoli, Garlic Bread Stick, Garden Salad

### Thursday, August 29

**Breakfast:** Sausage, Biscuits & Gravy

**Lunch:** Nachos Supreme, Chicken Nuggets, Chicken Quesadilla, Chef Salad, Spanish Rice, Pinto Beans, Lettuce & Tomatoes

### Friday, August 30

**Breakfast:** Egg & Bacon Tacos

**Lunch:** Orange Chicken, Chicken Sandwich, Steak Fingers, Chow Mein Noodles, Stir Fry Vegetables, Egg Roll

### Monday, September 2

★ **LABOR DAY** ★

### Tuesday, September 3

**Breakfast:** Pancakes

**Lunch:** Chili Scoopers, Chili & Cornbread, Chicken Sandwich, Cheese Bites, Baked potato, Chef Salad, Spanish Rice, Pinto Beans, Lettuce & Tomatoes

### Wednesday, September 4

**Breakfast:** Breakfast Pizza

**Lunch:** Parmesan Chicken, Cheeseburger, BBQ Rib Sandwich, Panther Wrap, Steamed Broccoli, Garden Salad, Garlic Bread Stick

### Thursday, September 5

**Breakfast:** Pigs, Donut Holes

**Lunch:** Chicken Fajita Taco, Chicken Nuggets, Chef Salad, Chicken Quesadilla, Spanish Rice, Pinto Beans, Lettuce & Tomatoes

### Friday, September 6

**Breakfast:** Breakfast Tacos

**Lunch:** Chili Mac, Chicken Sandwich, Steak Fingers, Green Beans, Garden Salad, Garlic Bread Stick