

# FOOD ASSISTANCE in Orange County

## Need food? We can help!

Food resources to help families prevent hunger during this difficult time.  
The following programs are available for food assistance.



### CalFresh for Individuals or Families

Visit [GetCalFresh.org](http://GetCalFresh.org) or [MyBenefitsCalWIN.org](http://MyBenefitsCalWIN.org)  
or call 1-800-281-9799 to apply for food assistance.



### WIC for Moms, Babies, and Children under 5

Call 1-888-WIC-WORKS (1-888-942-9675) to  
apply for food assistance.



### School Meals for School Aged Kids

Call the school district near your home for  
"Grab and Go" meals offered in select schools.



### Senior Food Program/Commodity Supplemental Food Program for Seniors

Call 2-1-1 or text your zip code to 898-211.

